

# SEATED CALF RAISE

RPL-5363



## FEATURES

- Lock-out automatically releases at the start of the exercise
- Adjustable thigh pad to accommodate varying leg lengths
- Thigh pad automatically self-aligns to the user during exercise
- Mar resistant nickel-plated weight peg

## SPECS

- Product Dimensions L x W x H:  
62.50" (159 cm) x 30.25" (77 cm) x 40.25" (103 cm)
- Product Weight: 132 lbs (60 kg)
- Max Capacity: 800 lbs (363 kg)

*(Weight plates NOT included)*